

Instant Taro Coconut Protein Beverage

With a gorgeous purple hue, this ready-to-mix beverage is an ideal protein boost and features a creamy concoction of tropical flavours.



INSTANT BEVERAGE PREMIX (IN READY-TO-MIX POUCH)

Ingredients	Wt (g)
Taro powder, unsweetened	32
U.S. Milk Protein Concentrate 85	10
U.S. Whey Protein Concentrate 80	10
Sucralose	0.04
Coconut milk powder	4
Total	56

Preparation of Instant Mix

1. Combine all ingredients and mix well.
2. Pack into a pouch or other packaging as desired. Seal tightly.

Direction For Use (For Consumers)

1. Pour mixture into a shaker bottle.
2. Add 240 ml of cold water and stir well.
3. Consume immediately.

NUTRITION CONTENT

Serving size: 1 pouch (56 g) mix with 240 ml water (296 g)

	Per Serving	Per 100g
Energy	254.0 kcal	83.0 kcal
Protein	19.1 g	6.5 g
Total Fat	2.9 g	1.0 g
Saturated Fat	2.0 g	0.7 g
Trans fat	0 g	0 g
Cholesterol	20.0 mg	7.0 mg
Total Carbohydrate	35.5 g	12.0 g
Sugar	23.5 g	7.9 g
Dietary Fibre	0.5 g	0.2 g
Sodium	79.0 mg	27.0 mg
Calcium	24.0 mg	8.1 mg
Potassium	0 mg	0 mg
Iron	0 mg	0 mg
Vitamin D	0 µg	0 µg



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